



Mediation Service

Mediation is the procedure of solving a conflict (dispute) through negotiations between the parties of the conflict (dispute) with the support of a neutral, impartial, specially trained third person (mediator). Mediation is a flexible and informal process also called an alternative to traditional ways of dispute resolution. Not every negotiation is mediation, but each mediation is a structured negotiation with the participation of a mediator.

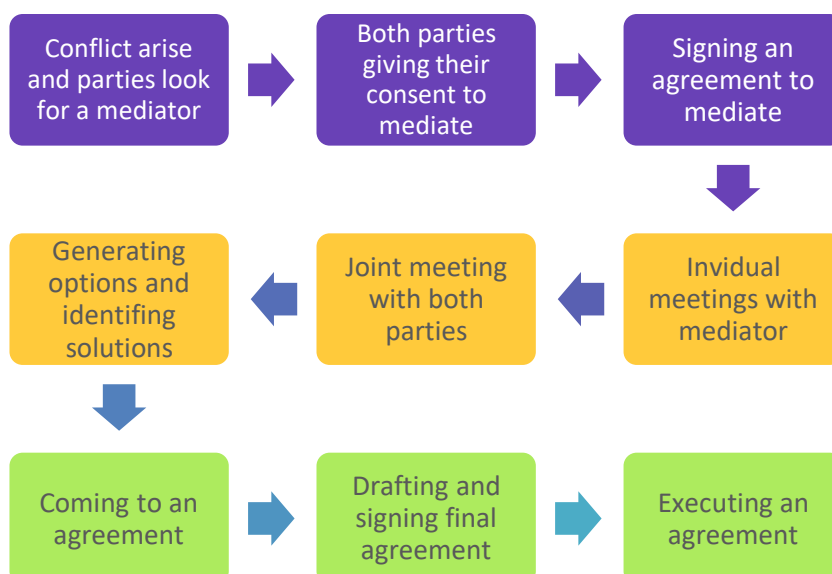
What happens when people conflict?

People in conflict become narrow-minded and focus on protecting their positions. The deeper the disagreement, the narrower the area where parties envision a resolution. Mediation helps to expand the scope of the problem-solving.

What role does a mediator play?

A mediator stands as a facilitator for both parties to go through the mediation process, help find a mutually acceptable solution and reach an amicable agreement. A mediator doesn't take sides, say who is wrong or right and not give any advice or recommendations.

What does the mediation process look like?



How is the mediation process different?

Imagine a **safe and confidential** space where you can speak freely and share your thoughts **without being judged**. During the **informal** meetings, a mediator will listen to you carefully and ask questions to clarify the issue. The same will be done for the second party ensuring **balance and fair** process. A mediator will facilitate the process in which you drive the solution. Participants in mediation maintain complete **control over the outcome**, with the freedom to agree only to terms that serve their interests.

Benefits of mediation

Mediation Clinics report that up to 70% of all mediated cases reached an agreement and then implemented it after mediation. Compared to enormous stress in traditional court hearings, mediation helps to improve the mental health and well-being of those involved in a dispute.



Efficiency: Mediation is often more cost-effective and quicker than traditional dispute resolution methods.



Flexibility: Scheduling and terms are collaboratively set to accommodate all parties involved.



Focus on Needs and Interests: The process is geared toward finding 'win-win' outcomes that serve the interests of all involved.



Relationship Preservation: Mediation not only resolves conflicts but can also help restore communication and respect between parties.

When mediation can be used?

Generally, if people are ready to negotiate voluntarily there is always a way for mediation. Mediation is widely used in business and commercial, workplace, employment, community, neighbour, education, family, landlord/tenants and other disputes.

To find out if your case could be resolved in mediation, book a mediation session via info@bringtogether.uk